# NINJA BLAST **PORTABLE BLENDER**





For additional recipes and information on Ninja Blast,™ scan the QR code.

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# SPIKED STRAWBERRY LEMONADE

**PREP:** 5 MINUTES | **MAKES:** 1 (18-OUNCE) SERVING

# INGREDIENTS

<sup>1</sup>/<sub>4</sub> cup vodka

 $\frac{1}{4}$  cup lemonade

1 cup whole frozen strawberries

# DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\bigcirc$  button, then press the Start/Stop button for 30-second blend mode.
- **3** Upon completion, blend an additional 30 seconds by pressing the Start/Stop button.
- **4** When blending is complete, press the  $\bigcirc$  button to turn the unit off.

# **APPLE CIDER VINAIGRETTE**

PREP: 5 MINUTES | MAKES: 1 CUP

# INGREDIENTS

- $1/_2$  cup olive oil
- $1/_2$  cup apple cider vinegar
- 2 teaspoons minced garlic
- $1^{1/2}$  tablespoons agave nectar
- <sup>1</sup>/<sub>2</sub> teaspoon Dijon mustard
- 1 teaspoon kosher salt
- 1 teaspoon ground black pepper

## DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in the order listed. Secure the lid.
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- **3** When blending is complete, press the  $\oplus$  button to turn the unit off.

# CREAMY AVOCADO SALSA

**PREP:** 5 MINUTES | MAKES: 11/2 CUPS

#### INGREDIENTS

- 2 tablespoons lime juice
- 1/4 cup milk of choice
- 1 teaspoon kosher salt
- 1 teaspoon ground black pepper
- 1/2 jalapeño, seeds removed, diced
- $1/_4$  cup cilantro, leaves and stems

 $1/_4$  cup sour cream

1/4 cup mayonnaise

1 avocado, pit removed, peeled, diced

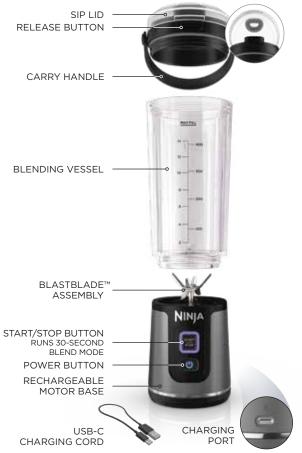
## DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in the order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\oplus$  button, then press the Start/Stop button for 30-second blend mode.
- 3 Upon completion, blend additional 30 seconds by pressing the Start/Stop button.
- **4** When blending is complete, press the  $\oplus$  button to turn the unit off.
- 5 Serve creamy avocado salsa with tortilla chips.

Please make sure to read the enclosed Ninja® Owner's Guide prior to using your unit.



# QUICK ASSEMBLY



back of motor base

#### For best results, ensure the blender is fully charged before use.

Clean before first use.

NOTE: When drinking or when blade function is not in use, turn blender **OFF** using  $\oplus$  button. Unintentional blade activation can occur when the lid is off.

**AWARNING:** Handle the blade assembly with care when washing, as the blades are sharp. Contact with the blades' edges can result in laceration.

## LOAD IT UP

#### DO NOT blend without ingredients or without lid. DO NOT go past MAX FILL line when loading vessel.



(1)

**PREP TIPS:** For best results, cut ingredients in 1-inch pieces. Place frozen ingredients in the cup last.

Finish off with ice or frozen ingredients.

Then add dry or sticky ingredients like 4 protein powders, nut butters and seeds.

**3** Then add leafy greens.

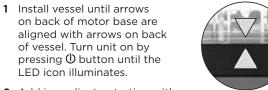
2 Next add fresh fruits.

Start by adding liquid ······**1** or vogurt—enough to cover the blades.



For how-to videos and getting started, scan the QR code.

## **BLENDING INSTRUCTIONS**



- **2** Add ingredients, starting with liquids then solid ingredients. If using ice, always add to vessel last. Secure lid onto vessel.
- 3 Blend: Press the Start/Stop button. The unit will run for **30 seconds**. To stop the program sooner, press the Start/Stop button again.
- 4 When blending is complete, press the  $\oplus$  button to turn the unit off.

NOTE: When drinking or when blade function is not in use, turn blender **OFF** using  $\oplus$  button. Unintentional blade activation can occur when the lid is off.

## **CLEANING INSTRUCTIONS**

- After blending, rinse vessel, lid, and blade assembly with warm water.
- Add warm water up to 6 oz line, then add **1 small** drop of dish soap. Securely attach the lid and blend. Empty contents and rinse.

#### DEEPER CLEAN

- Both vessel and lid are top-rack dishwasher safe. These parts should **NOT** be cleaned with a heated dry cycle.
- After disassembling the vessel and lid, rinse blades and use a dishwashing utensil to clean them. Wipe motor base with a clean, damp cloth. Motor base is water resistant. HOWEVER the motor base is **NOT** dishwasher safe. DO NOT submerge base in water.



## **CONTROL PANEL**

START STOP

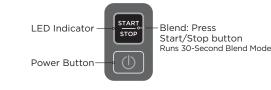
Fully

Charged:

Solid GREEN LEDs

Flashing while charging

#### For a full list of LED Codes, refer to the Owner's Guide.



#### **Blend Readiness**



Ready State Vessel Misalignment: Flashing WHITE LEDs Solid PURPLE LEDs





Low Battery: Charge: Solid YELLOW LEDs Solid RED LEDs

**Blending States** 



Blades Blocked<sup>1</sup> Flashing ORANGE LEDs If blending stops before

for 5 seconds

START

STOP

#### **Blocked Blade Troubleshooting**

#### To get back to blending:

30-Second

Blend Mode:

Clockwise-moving PURPLE LEDs.

30 seconds, add more liquid.

#### 1 Check ingredients:

- Ensure ingredients aren't above MAX FILL line.
- Ensure there is enough liquid. Liquid should cover the blades.

#### 2 Dislodge Blockage:

- Shake unit to remove blockage.
- Turn unit upside down and restart blending.
- Turn unit off and remove blockage from blade using long utensil. Restart unit.

#### NOTES:

• Blending performance will be best when unit is fully charged. Only use provided USB-C charging cord with 5V 3A power supply.

# COFFEE **PROTEIN SHAKE**

PREP: 5 MINUTES | MAKES: 1 (18-OUNCE) SERVING

### INGREDIENTS

1 tablespoon agave nectar (optional)

 $1/_2$  cup coffee. chilled

- $1/_2$  cup almond milk
- 1 frozen banana, cut in quarters
- 1 scoop chocolate protein powder
- $\frac{1}{4}$  cup ice cubes

## DIRECTIONS

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# **GREEN POWER SMOOTHIE**

PREP: 5 MINUTES | MAKES: 1 (18-OUNCE) SERVING

#### INGREDIENTS

 $1/_2$  cup orange juice

- 1/2 cup coconut milk
- $1/_2$  cup baby spinach
- $1/_2$  banana. cut in half
- $1/_2$  cup frozen mango chunks

## DIRECTIONS

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- **2** Turn the unit on by pressing  $\bigcirc$  button, then press the Start/Stop button for 30-second blend mode.
- **3** When blending is complete, press the  $\oplus$  button to turn the unit off.

NOTE: When drinking or when blade function is not in use, turn blender **OFF** using O button. Unintentional blade activation can occur when the lid is off.