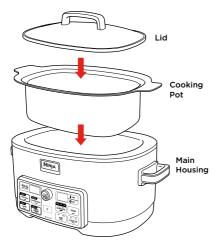


COOKING SYSTEM WITH AUTO-iQ™ QUICK ASSEMBLY & GETTING STARTED

YOUR AUTO-IQ COOKING SYSTEM

ASSEMBLY

Place cooking pot inside the main housing and cover with the lid. Plug power cord into wall outlet and press the Power button to turn on unit.



CLEANING

Clean the cooking system thoroughly after every use. Unplug power cord from wall outlet before cleaning.

Wash the cooking pot, steaming/roasting rack, and lid with warm, soapy water. They are also all dishwasher safe.

Wipe the main housing clean with a damp cloth.

▲ WARNING: Never immerse the main housing in water or any other liquid. DO NOT place the main housing in the dishwasher.

AUTO-IQ PROGRAMS: EASY AS 1, 2, 3

There are 4 different Auto-iQ programs: **Quick Meals, Layered Bowls, Grains**, and **Poached Infusions**. The included cookbook contains all the Auto-iQ recipes for your Ninja* Cooking System.









- 1. Choose an Auto-iQ recipe from the included cookbook.
- **2.** Gather the ingredients the recipe calls for, and add them to the pot according to the recipe.
- 3. Press the Auto-iQ button that corresponds to the recipe you are making. Use the adjustment dial to set the recipe number to match the recipe number in the cookbook. Next, press the START/STOP button to begin cooking.

NOTE: Do not stir ingredients once cooking has begun, as these programs are specifically designed to cook hands-free.

Stay Warm and Auto Shutoff: In any Auto-iQ mode, at the end of the cooking cycle, the unit will automatically switch to Stay Warm mode for 12 hours. After 12 hours, the unit will automatically shut off.

MANUAL FUNCTIONS

ACCUTEMP SLOW COOK



If searing is necessary before slow cooking, follow the STOVE TOP instructions first.

 Place pot inside main housing. Then place ingredients in the pot and cover pot with lid.

NOTE: DO NOT fill the pot more than 2/3 full.

- Press the ACCUTEMP SLOW COOK button to select HIGH, LOW, or WARM. The button will default to HIGH. Pressing it again will set it to WARM. Pressing it a third time will set it to LOW. Pressing it a fourth time will cycle it back to HIGH.
- **3.** Turn the knob to adjust the cooking time and temperature.
- **4.** The cooking cycle will begin 3 seconds after the temperature and time have been set.

NOTE: Use the ACCUTEMP SLOW COOK WARM setting **ONLY** to keep already-hot, fully cooked food warm. **DO NOT** attempt to cook cold or room-temperature ingredients on the ACCUTEMP SLOW COOK WARM setting.

STEAM



- Place pot inside main housing and pour water into pot, based on the recipe you are following.
 DO NOT pour any liquid into the unit's main housing.
- 2. Cover pot with the lid, ensuring the steam vent on the lid is facing away from you.
- 3. Press the STEAM button.
- **4.** Turn the knob to adjust the cooking time and temperature.
- 5. The cooking cycle will begin 3 seconds after the time has been set. The unit will beep and the display will read "P:" to indicate that preheating has begun.
- **6.** While the unit preheats, arrange your ingredients on the steaming/roasting rack.
- 7. When the unit is ready to steam, it will beep and the timer will begin to count down.
- **8. CAREFULLY** open the lid away from you and use oven mitts to place the rack in the pot.

BAKE



- Place pot inside main housing. If your recipe calls for the steaming/roasting rack, place it in the pot and set your ingredients on it. If not using the rack, add ingredients directly to the cooking pot. Cover pot with lid.
- 2. Press the BAKE button to select either DRY or STEAM. The button will default to DRY. Pressing the button again will set it to STEAM. Pressing it a third time will cycle it back to DRY. Use BAKE DRY for meats and roasts, and BAKE STEAM for fish, breads, and desserts.
- Turn the knob to adjust the cooking time and temperature.
- 4. The bake cycle will begin 3 seconds after the baking mode, temperature, and time have been set

STOVE TOP



- Place pot inside main housing. Then place ingredients you want to sear, sauté, simmer, or brown in the pot in an even layer.
- 2. Press the STOVE TOP button to select either HIGH or LOW. The button will default to HIGH. Pressing the button again will set it to LOW. Pressing it a third time will cycle it back to HIGH.
- The stove top cycle will begin and the display will read "ON" 3 seconds after LOW or HIGH has been selected.