

NUTRI NINJA®

STEP
1

REGISTERING YOUR NEW NINJA® BLENDER IS EASY!

Visit ninjakitchen.com.



STEP
2

FOR SMOOTHEST RESULTS, USE THE GUIDE BELOW



Add ingredients in the order they appear in the recipe or follow our guide.

- 1. Fresh fruits and vegetable. For best results, prep ingredients into 1-inch chunks.**
- 2. Leafy greens and herbs.**
- 3. Liquid or yogurt.**
 - Professional Stainless Steel 24 oz Ninja® or Regular 24oz. Nutri Ninja® Cup: Use 3/4 cup liquid
 - XL Capacity 48 oz. Ninja® Jar: Use 1 cup liquidMore may be needed if you are making a highly frozen recipe.
- 4. Dry or sticky ingredients, such as powders & nut butters.**
- 5. Ice or frozen ingredients**

Tip: For easy assembly place your Nutri Ninja® on a flat surface while assembling your blade.

Note: Do not blend hot foods or hot liquids in any nutri ninja cup or jar.

STEP 3**ASSEMBLING YOUR NUTRI NINJA®**

Place the desired Ninja®/Nutri Ninja® Cup or Jar into blender base.



Lock in place by turning the cup clockwise until you hear a click.

STEP 4**SELECTING THE OPTIMIZED PROGRAM FOR YOUR NUTRI NINJA®**

Regular 24 oz
Nutri Ninja Cup



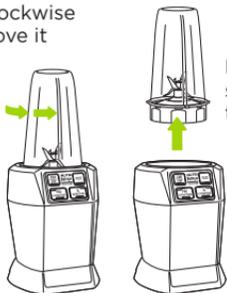
Professional
Stainless Steel
24 oz Ninja® CUP



XL Capacity 48 oz. Ninja® Jar

**STEP 5****DISASSEMBLING YOUR NUTRI NINJA®**

Turn cup counterclockwise and pull up to remove it from the base.



Flip the cup right side up then untwist the blade assembly.

**STEP 6****ENJOY YOUR NUTRI NINJA® JUICES!**

Replace the blade assembly with a Sip & Seal® lid. Twist lid clockwise to tighten and enjoy on the go!



Tip: The Professional Stainless Steel 24 oz Ninja® Cup is the perfect carpool companion as it can keep your drinks cold for up to 4 hours!