Meet our most versatile Ninja® Foodi™ accessory, the Deluxe Reversible Rack

Get the most out of your Deluxe Reversible Rack



Higher Position Broil chicken, steak, seafood, and more.



Steam vegetables and sides.



Deluxe Assembly

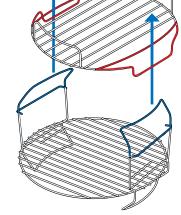
Increase capacity to cook up to 8 chicken breasts or salmon fillets at once.

Deluxe Reversible Rack Assembly



1. Place the Deluxe Reversible Rack in the pot in the lower position.

Note: For easier cleaning, coat the rack with cooking spray before placing food on it.



2. Drop Deluxe Layer through reversible rack handles.

Note: Place ingredients on the lower layer before adding the Deluxe Layer.



3. Deluxe Layer will fit securely into handle slots.

Deluxe Reversible Rack Usage

Create deluxe 360 meals by placing proteins on the Deluxe Layer, sides on the lower layer, and grains on the bottom of the pot.

For best results, use the Deluxe Layer for crisping, lower layer for oven roasting, and bottom of the pot for wetter ingredients.

When air crisping 2 layers, allow 5-15 minutes for the lower layer to crisp before adding the Deluxe Layer.

Basket Assembly, Hints & Tips

Pressure Cooking Tips



Time to pressure will vary based on quantity and temperature of ingredients, along with selected pressure level, and can take upwards of 20 minutes.



Natural release is used for large or delicate foods and any starchy ingredients.

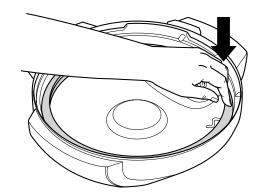


Quick release is used for smaller foods or ingredients that are sensitive to overcooking. **DO NOT** quick release pressure when cooking starchy or foamy foods. To quick release the pressure, turn the Pressure Release Valve to the VENT position and allow pressure to release until the float valve drops

Note: Steam exits from the top of the Pressure Release Valve. **DO NOT** reach over the valve.

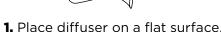


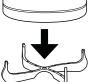
If the unit is not coming to pressure, check that the silicone ring is fully installed by pressing it into place all around the metal ring rack. (See image below.)



Cook & Crisp™ Basket Assembly







2. Place basket on diffuser.



3. Press down firmly

Helpful Hints



To convert oven recipes, use the Bake/Roast function and reduce the cook temperature by 25°F.



Any liquid can be used for pressure **cooking.** Use broths or sauces instead of water to infuse additional flavor. Always use a minimum of 1 cup of liquid. Depending on your recipe, you may need up to 3 cups



When switching from the pressure lid to the crisping lid after pressure cooking, empty the pot of any remaining liquid for best crisping results.

FD400Series_QSG_MP_Mv26



Let's get cooking & crisping

Why are there 2 lids?

We're glad you asked. The 2-lid design allows you to pressure cook and crisp in the same pot.

Use both lids to unlock a world of delicious, **TenderCrisp** meals.



Pressure Cook Slow Cook



Bake/Roast Dehydrate



First time pressure cooking? Try this water test to practice using pressure.



Add 3 cups water to cooking pot.



Install Pressure Lid by aligning the arrows on the lid and base, then turning clockwise until lid clicks into place.

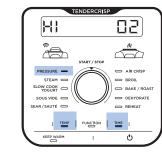


Pressure Lid is locked when it has clicked into place and the Ninja logo is facing you.

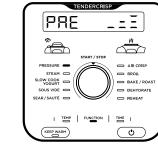


Turn Pressure Release Valve to SEAL

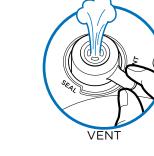
Note: Valve will be loose when fully installed



Use the START/STOP dial to select PRESSURE. Press TEMP and set to HI. Press TIME and set to 2 minutes. Press START/STOP button to begin.



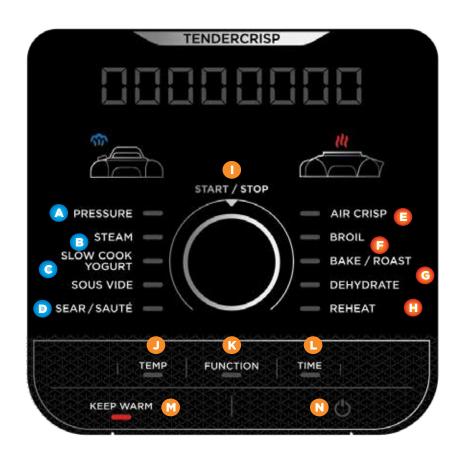
The display showing PRE and some steam release indicate pressure is building. When fully pressurized, countdown will begin.



When your Foodi beeps and the display reads DONE, turn valve to VENT for quick release

Note: Valve will be loose when fully installed.

Using the Control Panel



COOKING FUNCTIONS

TENDERIZING FUNCTIONS











CRISPING FUNCTIONS

G H

OPERATING BUTTONS

- START/STOP dial/button: Turn the dial to choose a cooking function, cook temperature, and cook time. Press the button to start cooking. Pressing the button while the unit is cooking will stop the current cooking function.
- **TEMP:** Press TEMP and turn the START/STOP dial to adjust cook temperature in 5-degree increments or to adjust pressure level.
- **FUNCTION: Press FUNCTION and** turn the START/STOP dial to choose a cooking function.

- **TIME:** Press TIME and turn the START/STOP dial to adjust the cook time.
 - Note: To adjust settings while cooking, press the TEMP or TIME button, then use the START/STOP dial to choose desired temperature or time.
- **KEEP WARM:** After pressure cooking. steaming, or slow cooking, the unit will automatically switch to Keep Warm mode and start counting up. Keep Warm will stay on for 12 hours, or you may press KEEP WARM to turn it off.
- **POWER:** The Power button turns the unit on and off and stops all cooking functions.



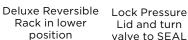
Using the Pressure Lid

BUILDING **PRESSURE** ACCESSORY VALVE TEMP/PRESSURE PRESSURE/TEMP RELEASE PRESSURE Cook foods quickly while maintaining tenderness HH:MM PRE Wait for unit to Turn valve to VENT uild pressure. Time for quick release. HI or LO 1 minute to 4 hours will begin counting When complete, unit Lock Pressure will switch to KEEP down when the unit Lid and turn WARM and count up. is pressurized. valve to SEAL

STEAM Gently cook delicate foods at a high temperature









adjustment available



HH:MM

1 minute to 30 minutes

PRE

Wait for unit to come to temp. When complete, unit will switch to KEEP WARM and count up.

No pressure release

SLOW COOK Cook foods at a lower temperature for longer periods of time



Lock Pressure

Lid and turn

valve to SEAL



HI or LO





HH:MM

When complete, unit will switch to KEEP WARM and

WARM 00:02

BOIL

No pressure release

YOGURT Make homemade yogurt



Lock Pressure

Lid and turn

valve to SEAL



YGRT or FMNT









SOUS VIDE Cook foods slowly in a low-temperature water bath







Press SOUS VIDE.

increments.



START/STOP.

HH:MM



Place each portion in a resealable plastic bag, releasing as much air as possible then submerge bags in water, keeping seals above the water line. Reinstall pressure lid and turn valve to VENT.



Using the Crisping Lid

SHAKE/TOSS

HH:MM

AIR CRISP Give foods crispiness and crunch with little to no oil





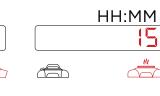


1 minute to 4 hours





BAKE/ROAST Oven-tender meats, baked treats, and more

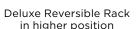


250°F to 400°F 1 minute to 4 hours



BROIL Cook at high heat to caramelize and brown foods







No temp adjustment available



1 minute to 60 minutes



DEHYDRATE Dehydrate meats, fruits, and vegetables



15<u>0</u>F



No lid necessary

If using Pressure Lid,

turn valve to VENT

Adjust temp from

4 hours to 12 hours

SEAR/SAUTÉ Brown meats, sauté vegetables, and simmer sauces



No time adjustment available

LO, LO-MED, MED, MED-HI, or HI