Please make sure to read the enclosed safety instructions prior to using your unit.







NINJA CREAMi

15+ DELICIOUS RECIPES







Your guide to creating creamy delights.

Welcome to the Ninja[™] CREAMi[™] inspiration guide. From here you're just a few pages away from recipes, tips, tricks, and helpful hints to give you everything you need to process your favorite ingredients into healthy or indulgent creamy delights. Now let's get processing.

For more exciting delicious recipes, scan this code or visit **ninjacreami.com**

Additional Recipes



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The freezer is your friend



Adjust your freezer's temp

This unit is designed to process bases that are between 9°F and -7°F.

(If your freezer temperature is within this range, your pint should reach the appropriate temperature).



Freeze for 24 hours

While the CREAMi Pint may be frozen, it needs to reach an even colder temperature before it can be processed.

Place the pint on a

To avoid damaging your unit, DO NOT process a pint if ingredients have been frozen at an angle or if pint has been scooped out of and then



Upright freezers level surface work best

We recommend not using a chest freezer as they tend to reach extremely cold temperatures.

General ingredient substitutes

Dairy Substitutes

NOTE: Make sure to use

by itself as the first step.

unsweetened substitutes

and to whisk coconut cream

Unsweetened

coconut cream

Vegan cream

cheese

Milk

Heavy

cream

Cream

cheese

Dairy-free? Vegan? Low carb? You can still make delicious treats that fit your lifestyle. For the best results, be sure to follow the instructions. carefully measure, and use the tips below when making any substitutions.



Sugar Substitute

For recipe specific substitutes, please refer to the recipes in the following pages.

Light Raw agave corn nectar syrup

NOTE: If using sugar substitutes, use the HITE ICE CREAM program to process.

refrozen unevenly.*

*If a pint is frozen unevenly: melt, whisk, and then re-freeze the ingredients on a level surface.

Install Light

The install light will illuminate when the unit is not fully assembled for use. If the light is blinking, make sure the bowl is properly installed. If the light is solid, check that the paddle is installed.

Progress Bar

Indicates the progress of the one-touch program. All 4 progress bar LEDs will flash twice and then turn off when the program is complete.

One-Touch Programs: 1–2 ¹/₂ minutes

Each one-touch program is intelligently designed to whip up delicious creations in $1-2 \frac{1}{2}$ minutes. Programs vary in length and speed depending on the optimal settings to get perfectly creamy results for that type of recipe.



INSTALL

This is NOT a blender.

Do **NOT** process a solid block of ice or ice cubes. Do **NOT** make a smoothie or process hard, loose ingredients, such as frozen fruit. Fruit must be crushed to release its juice or combined with other ingredients and frozen before processing.



Get to know the One-Touch Programs

Q ICE CREAM	LITE ICE CREAM	+ MIX-IN
Designed for traditionally indulgent recipes. Great for turning dairy and dairy-alternative recipes into thick, creamy, and scoopable ice creams. RECIPE Vanilla Ice Cream <i>page 6</i>	Designed for health-conscious consumers to make ice creams that are low in sugar or fat or use sugar substitutes. Choose when processing keto or paleo recipes. RECIPE Lite Chocolate Ice Cream <i>page 18</i>	Designed to fold in pieces of candies, cookies, nuts, cereal, or frozen fruit to customize your treat. RECIPE Mix-in & Flavor Inspiration <i>pages 8-11</i>
SORBET	MILKSHAKE	RE-SPIN
Designed to transform fruit-based recipes with high water and sugar content into creamy delights. RECIPE One-Ingredient Fruit Sorbet <i>page 16</i>	Designed to create quick and thick milkshakes. Simply combine your favorite ice cream (store-bought or homemade), milk, and mix-ins and select MILKSHAKE. RECIPE Thick Chocolate Milkshake page 12	Designed to ensure a smooth texture after running one of the preset programs. RE-SPIN is ofter needed when the base is very colo and the texture is crumbly rather than creamy. However, do NOT use when adding mix-ins.

What to do about leftovers.

Didn't finish your pint? Flatten the top of your frozen treat with a spoon or spatula before refreezing. If the treat is hard after re-freezing, process it again on the **program you used to make it**. If it's soft, just scoop and enjoy it.

Note: If your treat contains mix-ins, processing again will likely pulverize the mix-ins and create a new flavor.



DO NOT USE THE RE-SPIN PROGRAM FOR LEFTOVERS

Vanilla Ice Cream with Chocolate Chips

PREP: 5-10 MINUTES | FREEZE TIME: 24 HOURS | MAKES: 4 SERVINGS | BEST WITHIN: 2 WEEKS

TOOLS NEEDED

Whisk

Large bowl

Rubber spatula

INGREDIENTS

1 tablespoon (1/2 ounce) PHILADELPHIA®

Cream Cheese

HASTOF

 $1/_3$ cup granulated sugar

1 teaspoon vanilla extract

 $^{3}/_{4}$ cup heavy cream

1 cup whole milk

1/4 cup mini chocolate chips, for mix-in

MAKE IT LITE Use 1/2 teaspoon stevia and $2^{1/2}$ tablespoons raw agave nectar for granulated sugar. Process on the LITE ICE CREAM program.

DIRECTIONS



SCAN & WATCH HOW IT WORKS visit ninjacreami.com.



In a large, microwave-safe Slowly mix in the heavy bowl, microwave the cream cream and milk until fully cheese for 10 seconds. combined and sugar is Add the sugar and vanilla dissolved. extract and with a whisk or rubber spatula, combine until the mixture looks like frosting, about 60 seconds.



MAKE IT DAIRY-FREE Use vegan cream cheese for cream cheese, **unsweetened** coconut cream

for heavy cream, and **unsweetened** oat milk

smooth, then add the remaining ingredients.

for whole milk. Whisk the coconut cream until

Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.

ADDE & REAL OF B

We recommend using

PHILADELPHIA®

Cream Cheese



Select ICE CREAM. Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.

Since the MIX-IN program does not break down harder ingredients, we recommend using mini chocolate chips for the perfectly sized chunks.







With a spoon, create a $1\frac{1}{2}$ -inch wide hole that reaches the bottom of the pint. Add chocolate chips to

the hole in the pint and

process again using the

MIX-IN program.

When processing is complete, remove ice cream from pint and serve immediately.

Mix-ins 101

Mix in chocolate, nuts, candy, fruit, and more to elevate any treat with bursts of flavor.



Hard mix-ins will remain intact.

Mix-ins like chocolate, candy, and nuts will not be broken down during the MIX-IN program. We recommend using mini chocolate chips and candies or pre-chopped ingredients.



Soft mix-ins will get broken down.

Mix-ins like cereal, cookies, and frozen fruit will end up smaller after the MIX-IN program. We recommend using bigger pieces of soft ingredients.

Make customized ice cream with extracts & mix-ins



Make a base

Start by making any base

in this inspiration guide,

including dairy-free

and lite bases.

Process

Select the program that

matches your base:

ICE CREAM

LITE ICE CREAM

LITE

ICE CREAM

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ICE CREAM





24 hours.

if desired To make even more flavors. substitute vanilla extract with 1 teaspoon of fruit,

Substitute extract,



Add mix-ins

With a spoon, create a

 $1\frac{1}{2}$ -inch wide hole that

reaches the bottom of

the pint. Add your mix-ins

to the hole in the pint.



5. Process

Press MIX-IN program.

FOR ICE CREAMS ONLY

We don't recommend fresh fruit, sauces, and spreads as mix-ins.

Adding fresh fruit, fudge, and caramel sauces will water down your treat. Chocolate hazelnut spread and nut butters also do not mix well. We recommend using frozen fruit or chocolate/caramel shell toppings.

Don't want to wait? Scoop in some store-bought ice cream into the CREAMi™ pint and skip to step 4.

Mix-In Inspiration Chart

Ice cream inspirations



Chocolate Chip Cookie Dough

Base: Vanilla

Extract: Vanilla, as per recipe **Mix-in:** 1/4 cup edible frozen cookie dough chunks, 1 tbsp mini chocolate chips



Rocky Road

Base: Chocolate Extract: N/A Mix-in: 2 tbsp almonds (chopped), 2 tbsp mini chocolate chips, 1 tbsp marshmallow topping



Cookies & Cream

Base: Vanilla Extract: Vanilla, as per recipe Mix-in: 3 chocolate sandwich cookies (broken)



Mint Chocolate Chip

Base: Vanilla (leave out vanilla extract) Extract: 1 tsp mint extract (green food coloring, optional) Mix-in: 1/4 cup mini chocolate chips



Maple Walnut

Base: Vanilla (leave out vanilla extract) Extract: 1 tsp maple extract Mix-in: 1/4 cup walnuts (chopped)



Death by Chocolate

Base: Chocolate Extract: N/A Mix-in: 2 tbsp mini chocolate chips, 2 tbsp brownie chunks

Pistachio	Sweet & Salty Snack Mix	Sundae Cone
Base: Vanilla (leave out vanilla extract) Extract: 1 tsp almond extract (green food coloring, optional) Mix-in: 1/4 cup pistachios (shells removed, chopped)	Base: Vanilla Extract: Vanilla, as per recipe Mix-in: 1 tbsp mini pretzels, 1 tbsp potato chips (broken), 1 tbsp chocolate candies (broken)	Base: Vanilla Extract: Vanilla, as per recipe Mix-in: 1 tbsp chocolate shell topping, 2 tbsp peanuts (chopped), 2 tbsp sugar cone pieces
Root Beer Float	Peppermint Stick	Coconut Chocolate Almond Bar
Base: Vanilla (leave out vanilla extract) Extract: 1 tsp root beer extract Mix-in: N/A	Base: Vanilla (leave out vanilla extract) Extract: 1 tsp peppermint extract (red food coloring, optional) Mix-in: 1/4 cup candy cane pieces	Base: Vanilla (leave out vanilla extract) Extract: 1 tsp coconut extract Mix-in: 3 tbsp almonds (chopped), 1 tbsp chocolate shell syrup
Raspberry Chip	Rum Raisin	Caramel Chocolate Nut Cluster
Base: Vanilla (leave out vanilla extract) Extract: 1 tsp raspberry extract Mix-in: ¹ / ₄ cup mini chocolate chips	Base: Vanilla (leave out vanilla extract) Extract: 1 tsp rum extract Mix-in: 1/4 cup raisins soaked in hot water)	Base: Vanilla Extract: Vanilla, as per recipe Mix-in: 1/4 cup chocolate covered caramel candy (broken), 2 tbsp cashews (chopped)
Chocolate Toffee Crunch	S'mores	Chocolate Peanut Butter Cup
Base: Chocolate Extract: N/A Mix-in: ¹ /4 cup chocolate toffee bar (broken)	Base: Chocolate Extract: N/A Mix-in: 3 tbsp graham cracker pieces, 1 tbsp marshmallow topping	Base: Chocolate Extract: N/A Mix-in: ¹ /4 cup mini peanut butter cups (broken)

ENJOY TODAY Thick Chocolate Milkshake

PREP: 2 MINUTES | MAKES: 1-2 SERVINGS

INGREDIENTS

 $1^{1/2}$ cups chocolate ice cream $^{1/2}$ cup whole milk

MAKE IT DAIRY-FREE Use vegan ice cream for ice cream and oat milk or vegan coffee creamer for whole milk.

DIRECTIONS



HASTOR

Place all ingredients in an empty CREAMi Pint in the order listed.



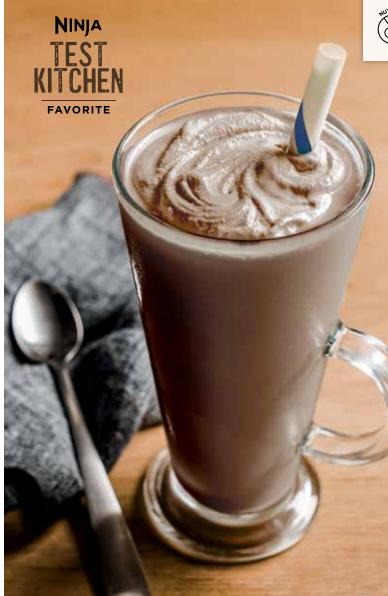
Please refer to the S quick start guide for bowl assembly and unit



Select MILKSHAKE.



When processing is complete, remove milkshake from pint and serve immediately.



HUT-FREE

Mix up the flavor

Is chocolate too plain for you?

Let's shake things up. Before processing, use a spoon to create a 11/2-inch wide hole that reaches the bottom of the pint. Pour the milk and mix-ins into the hole. Select MILKSHAKE to process.



We recommend using mini-chocolate chips and candies or chopping nuts and harder mix-ins.



Use bigger pieces for softer mix-ins like cookies and cereal.

For more customization inspiration, see p. 14

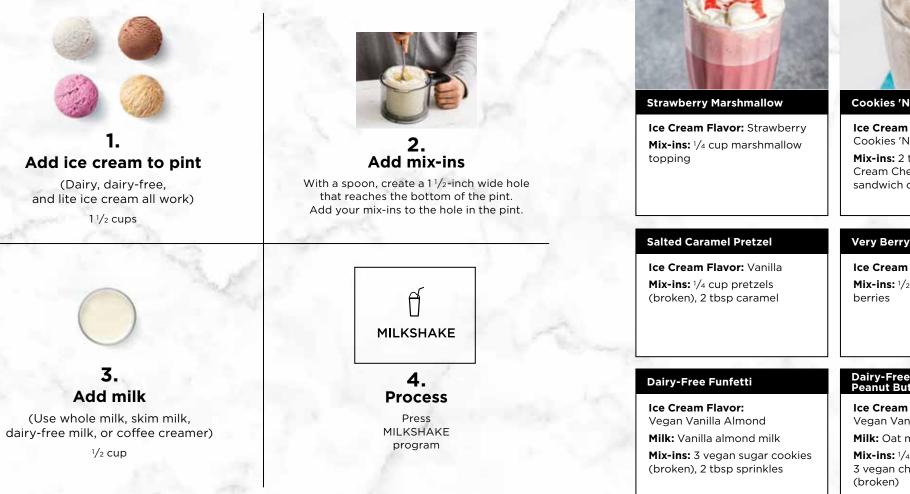
You can also turn any ice cream recipe in the inspiration guide into a milkshake. Simply process your frozen base on the ICE CREAM program first. Then create a hole, add milk and mix-ins, and process again using the MILKSHAKE program.

interaction information.

If you would like your milkshake thinner, add 1–2 tablespoons of milk and select RE-SPIN. Process until desired texture is achieved.

Mix up your milkshake

Add everything from chocolate and candy to nuts and fruit to shake things up.



Milkshake inspirations

rawberry Marshmallow	Cookies 'N Cream Cheesecake	Chocolate Hazelnut
e Cream Flavor: Strawberry x-ins: 1/4 cup marshmallow pping	Ice Cream Flavor: Cookies 'N Cream Mix-ins: 2 tbsp PHILADELPHIA® Cream Cheese, 3 chocolate sandwich cookies (broken)	Ice Cream Flavor: Chocolate Mix-ins: 1/4 cup chocolate hazelnut spread
Ited Caramel Pretzel	Very Berry	Peanut Butter Brownie
e Cream Flavor: Vanilla x-ins: 1/4 cup pretzels roken), 2 tbsp caramel	Ice Cream Flavor: Vanilla Mix-ins: 1/2 cup fresh mixed berries	Ice Cream Flavor: Chocolate Mix-ins: 2 tbsp peanut butter, 1/4 cup brownie chunks
iry-Free Funfetti	Dairy-Free Peanut Butter Cookie	Dairy-Free Tahini & Chocolate Coffee
e Cream Flavor: egan Vanilla Almond lk: Vanilla almond milk x-ins: 3 vegan sugar cookies roken), 2 tbsp sprinkles	Ice Cream Flavor: Vegan Vanilla Oat Milk: Oat milk Mix-ins: 1/4 cup peanut butter, 3 vegan chocolate chip cookies (broken)	Ice Cream Flavor: Vegan Coffee Milk: Chocolate oat milk Mix-ins: 1/4 cup tahini, 1 tbsp vegan chocolate fudge



One-Ingredient Fruit Sorbet

PREP: 1 MINUTE | FREEZE TIME: 24 HOURS | MAKES: 4 SERVINGS | BEST WITHIN: 2 WEEKS

INGREDIENT

1 can (8-20 ounces) fruit of choice (pineapple chunks, mango chunks, peach slices)

Mixed fruit



Pineapple





Fruit cups

Mangoes

Use fruit in juice, light syrup, or heavy syrup to adjust the sweetness of your sorbet. Using canned fruit with no added sugar (fruit in water) may damage the unit.





DIRECTIONS



Fill an empty CREAMi™ Pint to the MAX FILL line with fruit chunks. Next, cover fruit with liquid from the can to the MAX FILL line. If a smaller yield is desired, use a smaller can and fill below the MAX FILL line. Place storage lid on pint and freeze for 24 hours. Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for

bowl assembly and unit

interaction information.

Peaches



Select SORBET.

When processing is complete, remove the sorbet

and serve immediately.

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NOTE: If your freezer is set to a very cold temperature, the sorbet may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more.

Lite Chocolate Ice Cream

PREP: 5-10 MINUTES | FREEZE TIME: 24 HOURS | MAKES: 4 SERVINGS | BEST WITHIN: 2 WEEKS

INGREDIENTS

³/₄ cup **<u>unsweetened</u>** coconut cream

3 tablespoons monk fruit sweetener with erythritol

2 tablespoons dark cocoa powder

1 tablespoon raw agave nectar

- 1 teaspoon vanilla extract
- 1 cup chocolate oat milk

TOOLS NEEDED

Large bowl Whisk



Up to 40% fewer calories than our Chocolate Ice Cream



DIRECTIONS



EASTRE

In a large bowl, whisk the unsweetened coconut cream until smooth.



Add the monk fruitPour base into an emptysweetener, dark cocoaCREAMi™ Pint. Placepowder, raw agave nectar,storage lid on pint andand vanilla extract andfreeze for 24 hours.whisk until well combinedand the monk fruitsweetener is dissolved.Add chocolate oat milk andwhisk to combine.storage lid on pint and



Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.

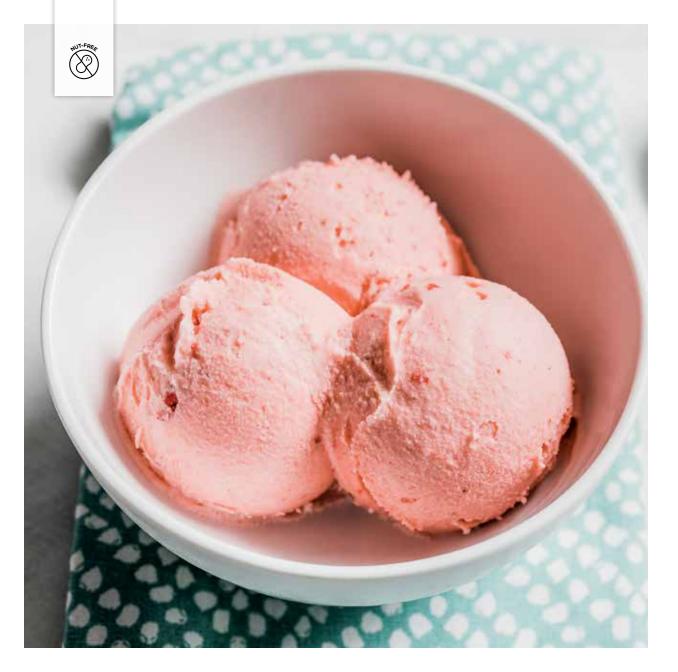


Select LITE ICE CREAM.



When processing is complete, add mix-ins or remove ice cream from pint and serve immediately.

NOTE: If your freezer is set to a very cold temperature, the ice cream may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.



Strawberry Ice Cream

PREP: 15 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

- $1\frac{1}{2}$ cups fresh ripe strawberries, trimmed, cut in quarters
- $1/_2$ cup granulated sugar
- 1 teaspoon light corn syrup
- 1 teaspoon lemon juice
- 1 cup heavy cream

MAKE IT DAIRY-FREE Use <u>unsweetened</u> coconut cream for heavy cream. Whisk the coconut cream until smooth, then add the remaining ingredients.

MAKE IT LITE Use 1/4 cup **stevia cane sugar blend** for granulated sugar and 1 teaspoon raw agave nectar for light corn syrup. Process on the LITE ICE CREAM program.

TOOLS NEEDED

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Large bowl

Rubber spatula

Make black raspberry ice cream by substituting $^{3}/_{4}$ cup fresh raspberries and $^{3}/_{4}$ cup fresh blackberries for strawberries.

We recommend mixing in mini white chocolate chips or frozen strawberry slices to make this ice cream even sweeter.

DIRECTIONS

1. In a large bowl, add strawberries, sugar, corn syrup, and lemon juice. Using a fork, mash strawberries. Allow mixture to sit for 10 minutes, stirring repeatedly.

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Ice Cream

EASY RECIPE

- **2.** Add heavy cream and mix until well combined.
- **3.** Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **4.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- 5. Select ICE CREAM.
- **6.** When processing is complete, add mix-ins or remove ice cream from pint and serve immediately.

NOTE: If your freezer is set to a very cold temperature, the ice cream may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.



Chocolate Ice Cream

PREP: 5-10 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

1 tablespoon (1/2 ounce) PHILADELPHIA® Cream Cheese 2 tablespoons cocoa powder 1/3 cup granulated sugar 1 teaspoon vanilla extract

³/₄ cup heavy cream

1 cup whole milk

MAKE IT DAIRY-FREE Use vegan cream cheese for cream cheese, <u>unsweetened</u> coconut cream for heavy cream, and <u>unsweetened</u> oat milk for whole milk. Whisk the coconut cream until smooth, then add the remaining ingredients.

MAKE IT LITE Use 1/2 teaspoon stevia and 2 1/2 tablespoons raw agave nectar for granulated sugar. Process on the LITE ICE CREAM program.

TOOLS NEEDED



Large bowl

Whisk

Rubber spatula

Add some fun to your chocolate ice cream by using edible cookie dough chunks and mini chocolate chips as mix-ins.



 In a large microwave-safe bowl, add the cream cheese and microwave for 10 seconds. Add the cocoa powder, sugar, and vanilla extract and with a whisk or rubber spatula, combine until the mixture looks like frosting, about 60 seconds.

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Ice Cream

EASY RECIPE

- 2. Slowly mix in the heavy cream and milk until fully combined and sugar is dissolved.
- Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **4.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- 5. Select ICE CREAM.
- **6.** When processing is complete, add mix-ins or remove ice cream from pint and serve immediately.

NOTE: If your freezer is set to a very cold temperature, the ice cream may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.

Cinnamon Bun Ice Cream



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EASY RECIPE

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PREP: 5-10 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

- 1 tablespoon (1/2 ounce) PHILADELPHIA® Cream Cheese
- $1/_3$ cup light brown sugar
- 1 teaspoon vanilla extract
- 1 teaspoon ground cinnamon
- ³/₄ cup heavy cream
- 1 cup whole milk

MAKE IT DAIRY-FREE Use vegan cream cheese for cream cheese, <u>unsweetened</u> coconut cream for heavy cream, and <u>unsweetened</u> oat milk for whole milk. Whisk the coconut cream until smooth, then add the remaining ingredients.

MAKE IT LITE Use 1/2 teaspoon stevia and 2 1/2 tablespoons raw agave nectar for light brown sugar. Process on the LITE ICE CREAM program.

TOOLS NEEDED



Large bowl

Whisk

Rubber spatula

Adjust the cinnamon depending on your taste. We suggest starting with 1 teaspoon.

DIRECTIONS

- In a large microwave-safe bowl, microwave the cream cheese for 10 seconds. Add the sugar, vanilla extract, and ground cinnamon and with a whisk or rubber spatula, combine until the mixture looks like frosting, about 1 minute.
- **2.** Slowly mix in the heavy cream and milk until fully combined and sugar is dissolved.
- Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **4.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.

5. Select ICE CREAM.

6. When processing is complete, add mix-ins or remove ice cream from pint and serve immediately.

NOTE: If your freezer is set to a very cold temperature, the ice cream may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.

Dairy-Free () Coconut Vanilla Ice Cream

PREP: 5-10 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

- 1 can (14 ounces) full-fat **unsweetened** coconut milk
- $1/_2$ cup granulated sugar
- 1 teaspoon vanilla extract

MAKE IT LITE Use 1/4 cup stevia cane sugar blend for granulated sugar. Process on the LITE ICE CREAM program.

TOOLS NEEDED



Medium Bowl

Whisk

Create new flavors by adding 2 tablespoons cocoa powder for a chocolate coconut ice cream, 2 tablespoons instant coffee for a coffee coconut ice cream, or substitute lemon extract for vanilla extract for a lemon coconut ice cream.

You can substitute $1^{3}/4$ cup (14 ounces) of full-fat oat milk in place of the full-fat unsweetened coconut milk.

DIRECTIONS

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- 1. In a medium bowl, whisk the coconut milk until smooth. Then, add the remaining ingredients and whisk until well combined and sugar is dissolved.
- Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **3.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- 4. Select ICE CREAM.
- **5.** When processing is complete, add mix-ins or remove ice cream from pint and serve immediately.

NOTE: If your freezer is set to a very cold temperature, the ice cream may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.

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Ice Cream

EASY

Fruity Cereal Ice Cream

PREP: 20-35 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS **BEST WITHIN: 2 WEEKS**

INGREDIENTS

 $1^{1}/_{4}$ cups whole milk

 $1\frac{1}{2}$ cups fruity cereal, divided

1 tablespoon (1/2 ounce) PHILADELPHIA® Cream Cheese

 $1/_{3}$ cup granulated sugar

1 teaspoon vanilla extract

³/₄ cup heavy cream

 $2^{1/2}$ tablespoons raw agave nectar for granulated sugar. Process on the LITE ICE CREAM program.

DIRECTIONS

- **1.** Place milk and 1 cup fruity cereal in a large bowl. Allow mixture to sit for 15-30 minutes, stirring regularly to infuse fruity flavor in the milk.
- 2. Place cream cheese in a second large microwavesafe bowl and microwave for 10 seconds. Add the sugar and vanilla extract, then use a whisk or rubber spatula to combine until the mixture looks like frosting, about 60 seconds.
- **3.** After 15–30 minutes, pour the milk and cereal through a fine-mesh strainer into the bowl containing the sugar mixture. Press on the cereal with a spoon to release more milk, then discard the cereal. Add heavy cream and mix until well combined.

MAKE IT DAIRY-FREE Use unsweetened oat milk for

whole milk, vegan cream cheese for cream cheese.

and **unsweetened** coconut cream for heavy cream.

4. Pour base into an empty CREAMi[™] Pint. Place

storage lid on pint and freeze for 24 hours.

assembly and unit interaction information.

5. Remove pint from freezer and remove lid from

7. Use a spoon to create a $1^{1/2}$ -inch wide hole that

reaches the bottom of the pint. Add remaining

8. When processing is complete, remove ice cream

1/2 cup fruity cereal to the hole and process again

pint. Please refer to the quick start quide for bowl

Whisk the coconut cream until smooth, then add the

TOOLS NEEDED

Fine-mesh strainer

remaining ingredients.

6. Select ICE CREAM.

using the MIX-IN program.

from pint and serve immediately.

2 Large bowl

Whisk



EASY RECIPE

Cherry Chip Ice Cream

PREP: 5-10 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS **BEST WITHIN: 2 WEEKS**

INGREDIENTS

2 cups canned red tart cherries in water, drained $\frac{1}{2}$ cup sweetened French vanilla coffee creamer 2 tablespoons raw agave nectar

1 teaspoon almond extract

1/4 cup mini dark chocolate chips, for mix-in

MAKE IT DAIRY-FREE Use vegan vanilla creamer for regular coffee creamer.

TOOLS NEEDED

Large bowl

Whisk

DIRECTIONS

1. Fill an empty CREAMi[™] Pint to the MAX FILL line with cherries.

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Ice Cream

EASY RECIPE

- **2.** In a large bowl, whisk together the remaining ingredients until well combined. Cover the cherries with the mixture up to the MAX FILL line and stir to combine. If necessary, add more creamer to reach the MAX FILL line. Place storage lid on pint and freeze for 24 hours.
- **3.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- Select ICE CREAM.
- **5.** Use a spoon to create a $1^{1/2}$ -inch wide hole that reaches the bottom of the pint. Add dark chocolate chips to the hole and process again using the MIX-IN program.
- 6. When processing is complete, remove ice cream from pint and serve immediately.

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- - **MAKE IT LITE** Use ¹/₂ teaspoon stevia and



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Lite Mint Cookies & Cream Ice Cream

PREP: 5-10 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

³/₄ cup <u>unsweetened</u> coconut cream
¹/₄ cup monk fruit sweetener with erythritol
2 tablespoons raw agave nectar
5-6 drops green food coloring
¹/₂ teaspoon mint extract

1 cup **unsweetened** oat milk 3 chocolate sandwich cookies, cut in guarters, for mix-in

TOOLS NEEDED



Large bowl Whisk DIRECTIONS

 In a large bowl, whisk the unsweetened coconut cream until smooth. Add the monk fruit sweetener, raw agave nectar, food coloring, and mint extract and whisk until well combined and monk fruit sweetener is dissolved. Add oat milk and whisk to combine.

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Lite

Ice Cream

EASY RECIPE

- Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **3.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- 4. Select LITE ICE CREAM.
- 5. Use a spoon to create a 1½-inch wide hole that reaches the bottom of the pint. Add cookie pieces to the hole and process again using the MIX-IN program.
- **6.** When processing is complete, remove ice cream from pint and serve immediately.



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Lite Vanilla Ice Cream with Chocolate Chips

PREP: 5-10 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

 $1^{3}/_{4}$ cup fat-free half and half

¹/₄ cup stevia cane sugar blend

1 teaspoon vanilla extract

¹/₄ cup mini sugar-free chocolate chips, for mix-in

MAKE IT DAIRY-FREE Use <u>unsweetened</u> oat milk for fat free half and half and vegan mini chocolate chips for sugar-free chocolate chips.

TOOLS NEEDED

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Medium bowl

Whisk

Monk fruit sweetener with erythritol can be substituted for stevia cane sugar blend.

Lite Ice Cream EASY RECIPE

DIRECTIONS

- In a medium bowl, whisk all ingredients together until combined and stevia cane sugar blend is dissolved. Let mixture sit for 5 minutes, until foam subsides. If the sugar is still not dissolved, whisk again.
- 2. Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **3.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- 4. Select LITE ICE CREAM.
- Use a spoon to create a 1¹/₂-inch wide hole that reaches the bottom of the pint. Add chocolate chips to the hole and process again using the MIX-IN program.
- **6.** When processing is complete, remove ice cream from pint and serve immediately.

Fresh Fruit Sorbet

PREP: 5-10 MINUTES | FREEZE TIME: 24 HOURS | MAKES: 4 SERVINGS | BEST WITHIN: 2 WEEKS

INGREDIENTS

4 ripe bananas (approx.), peeled, cut in $\frac{1}{2}$ -inch slices (2 $\frac{3}{4}$ cups banana) 3 cups ripe pineapple, cut in 1/2-inch pieces OR

5 oranges (approx.), peeled, cut in 1/2-inch pieces (2 3/4 cups orange)

Using any other fruits except banana, pineapple, and orange for this recipe may damage the unit.

Mix it up Combine fruits for even more flavor. When combining, mix cut fruit together before adding to the pint for a consistent flavor.





HASTPE

Cut bananas or other fruit into 1/2-inch pieces. It is important to cut the fruit into pieces 1/2 inch or smaller.

Add banana into an empty

CREAMi[™] Pint to the MAX FILL line.

For best results, make sure your fruit is ripe. This will help release the fruit's natural juices making for a sweeter treat and allow the unit to properly process the sorbet.



DIRECTIONS

With the back of a heavy kitchen utensil, such as a ladle or potato masher, firmly press the bananas below the MAX FILL line. compacting them into a homogenous mixture to create space for more bananas.



Continue adding more banana pieces and pressing down with a heavy kitchen utensil until all banana pieces are pressed into the pint just below the MAX FILL line. Place storage lid on pint and freeze for 24 hours.



Remove pint from freezer and remove lid from pint. Please use quick start guide for bowl assembly and unit interaction information.

> Make sure to firmly press the fruit into the pint to release the fruit's natural juice. This is an important step when making a sorbet recipe that doesn't include extra liquid. **DO NOT** process loose ingredients.

SORBET

Select SORBET.



NOTE: If your freezer is set to a very cold temperature, the ice cream may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.

When processing is remove sorbet from pint and serve immediately.

complete, add mix-ins or

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Lemon Sorbet





EASY RECIPE

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PREP: 5 MINUTES FREEZE TIME: 24 HOURS MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

INGREDIENTS

¹/₂ cup granulated sugar

1 tablespoon light corn syrup

1 cup warm water

1/2 cup lemon juice

MAKE IT LITE Use 1/4 cup monk fruit sweetener with erythritol for granulated sugar and 1 tablespoon raw agave nectar for light corn syrup. Process on the LITE ICE CREAM program.

TOOLS NEEDED



Large bowl

Whisk

DIRECTIONS

1. In a large bowl, whisk together sugar, corn syrup, and warm water until sugar is dissolved. Add lemon juice and whisk until fully combined.

- Pour base into an empty CREAMi[™] Pint. Place storage lid on pint and freeze for 24 hours.
- **3.** Remove pint from freezer and remove lid from pint. Please refer to the quick start guide for bowl assembly and unit interaction information.
- 4. Select SORBET.
- **5.** When processing is complete, remove the sorbet and serve immediately.

NOTE: If your freezer is set to a very cold temperature, the sorbet may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more.



Thick White Russian Milkshake



PREP: 2 MINUTES MAKES: 1-2 SERVINGS

INGREDIENTS

2 cups vanilla ice cream

2 tablespoons coffee liqueur

2 tablespoons vodka

TIP

a Take this boozy milkshake to the next level and mix-in broken chocolate sandwich cookies.

For thickest results, process your ice cream right from the freezer.

DIRECTIONS

- 1. Place all ingredients into an empty CREAMi[™] Pint in the order listed.
- **2.** Please refer to the quick start guide for bowl assembly and unit interaction information.
- 3. Select MILKSHAKE.
- **4.** When processing is complete, remove milkshake from pint and serve immediately.

NOTE: If you would like your milkshake thinner, add 1-2 tablespoons of milk and select RE-SPIN. Process until desired texture is achieved. Mix-ins may sink to the bottom of thin milkshakes.



Thick Coffee Milkshake

PREP: 2 MINUTES MAKES: 1-2 SERVINGS

INGREDIENTS

 $1 \frac{1}{2}$ cups coffee ice cream

¹/₂ cups whole milk

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For thickest results, process your ice cream right from the freezer.

We recommend mixing in cacao nibs to make this milkshake even more delicious.



1. Place all ingredients into an empty CREAMi[™] Pint in the order listed.

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 If you would like to add mix-ins, use a spoon to create a 11/2-inch wide hole that reaches the bottom of the pint. Pour the milk and mix-ins into the hole.

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Milkshake

EASY RECIPE

- **3.** Please refer to the quick start guide for bowl assembly and unit interaction information.
- 4. Select MILKSHAKE.
- **5.** When processing is complete, remove milkshake from pint and serve immediately.

NOTE: If you would like your milkshake thinner, add 1-2 tablespoons of milk and select RE-SPIN. Process until desired texture is achieved. Mix-ins may sink to the bottom of thin milkshakes.

No-prep inspiration chart

Transform ordinary items from your pantry or fridge into extraordinary frozen delights.

INGREDIENTS	TREAT	PROCESS		PROGRAM
Canned pineapple, mango, peaches, pears, or mandarin oranges	Sorbet	Fill to MAX FILL line with fruit, cover fruit to MAX FILL line with juice from can		SORBET
Eggnog	Frozen eggnog	Fill to the MAX FILL line with eggnog		SORBET
Brewed coffee and coffee creamer	Vegan coffee frozen dessert	Stir $1/2$ cup brewed cooled coffee, $1 1/2$ cups vegan coffee creamer in pint until combined		SORBET
Almond milk and coffee creamer	Easy vegan frozen dessert	Stir $1/2$ cup unsweetened almond milk, $1 1/2$ cups vegan coffee creamer in pint until combined	Cover with lid	SORBET
Cherry, blueberry, lemon, strawberry, apple pie filling	Sorbet	Fill to the MAX FILL line with pie filling	and freeze for 24 hours	SORBET
Applesauce	Apple sorbet	Fill to the MAX FILL line with applesauce		SORBET
Grapefruit cups	Grapefruit sorbet	Fill to MAX FILL line with grapefruit, cover fruit to MAX FILL line with juice from cup		SORBET
Bottle chocolate milk	Frozen chocolate milk	Fill to the MAX FILL line with chocolate milk		LITE ICE CREAM

If your freezer is set to a very cold temperature, the treat may look crumbly. If this occurs, select RE-SPIN to process the mixture a little more if not adding mix-ins.

Some recipes may call for a program that doesn't match the treat you're making. For example, use the SORBET button to process coffee creamer.

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